# 2027 Student Lab Schedule

**Schedule by emailing: contact**@naturopathicinstitute.org Attn: Student Lab **Questions Call:** 989-773-1714

NCC NATUROPATHIC COMMUNITY CENTER

| | | Friday Times: 11:30 am, 2:00 pm, 3:30 pm | Saturday Times: 10:00 am, 11:30 am, 2:00 pm, 3:30 pm | Sunday Times: 10:00 am, 11:30 am |
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| 2027 | Meridian Work / LHT | January 22, 2027 | January 23, 2027 | January 24, 2027 |
| | Lab #4 | January 22, 2027 | January 23, 2027 | January 24, 2027 |
| | Reflexology | February 19, 2027 | February 20, 2027 | February 21, 2027 |
| | Lab #5 | February 26, 2027 | February 27, 2027 | February 28, 2027 |
| | Lymphatic | March 19, 2027 | March 20, 2027 | March 21, 2027 |
| | Lab #6 | April 2, 2027 | April 3, 2027 | April 4, 2027 |
| | Holistic Bodywork | April 23, 2027 | April 24, 2027 | April 25, 2027 |
| | CranioSacral | May 14, 2027 | May 15, 2027 | May 16, 2027 |
| | Meridian Work / LHT | June 18, 2027 | June 19, 2027 | June 20, 2027 |
| | Lymphatic | June 25, 2027 | June 26, 2027 | June 27, 2027 |
| | Reflexology | July 23, 2027 | July 24, 2027 | July 25, 2027 |
| | Lab #3 | July 30, 2027 | July 31, 2027 | August 1, 2027 |
| | Lab #4 | August 20, 2027 | August 21, 2027 | August 22, 2027 |
| | Lymphatic | August 27, 2027 | August 28, 2027 | August 29, 2027 |
| | Advanced Essential Oils | September 10, 2027 | September 11, 2027 | September 12, 2027 |
| | Lab #5 | September 24, 2027 | September 25, 2027 | September 26, 2027 |
| | Holistic Bodywork | October 1, 2027 | October 2, 2027 | October 3, 2027 |
| | Lab #6 | October 22, 2027 | October 23, 2027 | October 24, 2027 |
| | CranioSacral | December 3, 2027 | December 4, 2027 | December 5, 2027 |
| | Lab #2 | December 10, 2027 | December 11, 2027 | December 12, 2027 |

**CranioSacral**: This therapy is done over the clothes using a light touch along the spine and on the head. By bringing balance to the nervous system, it allows for muscle relaxation and optimal functioning of every organ in the body. It is especially helpful for chronic pain, headaches, TMJ, stress, and for improving focus, learning, and concentration.

***Reflexology:*** By working on the 7,200 nerve endings in each foot,your whole body receives a tune-up as well as benefiting from increased circulation, relief of stress and tension, and improved nerve flow that is especially helpful for neuropathy and

***Meridian Work/Light Healing Touch:*** This unique therapy uses light touch to release areas of congestion in the body and within the body's electromagnetic field. It is beneficial for balancing mental and emotional stress, uplifting mood, promoting clear thinking, and helping strengthen the body's defenses against stress, pollutants, and sensitivities.

***Full Body Massage:*** Often involves full body, neck, back, arms, shoulders, and legs; to loosen & relax muscular tension, help with flexibility, boost immune system, & improve attitude.



***Holistic Bodywork:*** Students are able to incorporate a variety of techniques and therapies, including CranioSacral, LHT, Reflexology & Full Body Massage, depending on clients needs.

Please Note: All Student Labs are $30.00 as of January 1, 2027